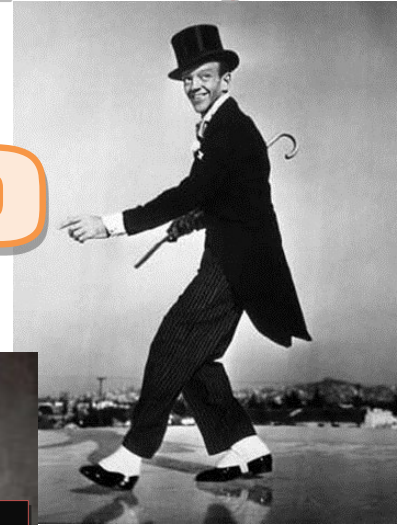


contemporary

TAP



jazz

Ballet



modern



Dance I-IV



How to be successful in dance:

- Dress for class **EVERY. SINGLE. DAY.**
- Focus during warmup.
- Try new things.
- PUT AWAY YOUR PHONE AND DANCE
- Pay attention to others and be aware of space
- Listen to feedback and fix it immediately
- Be patient and kind.

How I will help you be successful:

- Keep attendance and call home if you're not in uniform.
- Keep music and combos fun and appropriate.
- Help you improve fitness and decrease stress.
- Teach you dance knowledge and vocabulary.
- Demonstrate and give feedback.
- Assess you on combinations.
- Be patient and kind.

This semester, we will study 3-4 different dance styles, and prepare for your (mandatory) performance in the Arundel Dance Concert.

We will :

- Learn movement characteristics and skills in Ballet, Modern, Jazz, and Tap. (no hip-hop!)
- Improve strength, flexibility, performance, and creativity. (athlete + artist = dancer)
- Practice, practice, practice. (practice without improvement is meaningless!)
- Prepare for a culminating performance on stage in the Auditorium. (Stop panicking. Its fun.)
- Learn about why different dance styles are a thing. (see...history *is* relevant!)
- Explore different careers in dance. (Starving artist sounds cool...right?...right?)

MARK YOUR CALENDAR. TELL ALL YOUR FRIENDS.

Participation in a main-stage dance performance is **required** as a part of AACPS Dance Curriculum. Please be sure to clear your calendar for the following dates:

Winter Dance Concert (all first semester students): Thursday, 1/14/16 @7pm (snow date 1/15/16)

Spring Dance Concert (all second semester students): Thursday 4/28 and Friday 4/29 @7pm

